

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2018

caterlink
feeding the imagination

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-------------------|--|--|---|---|---|
| Week 1 | Main | Pork Sausages with Mashed Potatoes and Gravy | Spaghetti Bolognaise served with Garlic Slice | Roast Turkey with Roast New Potatoes & Gravy | Mediterranean Chicken Served in a Tomato Sauce with Rice | Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce |
| 16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018 | Vegetarian | Vegetable wholemeal Pasta Medley | Summer Risotto Served with Garlic Slice | Quorn Roast with Roast New Potatoes & Gravy | Vegetable and Apricot Tagine with Lemon & Mint Couscous and Wholemeal Flatbread | Cheese, Onion and Spinach Quiche with Chips |
| | Side | Carrots Garden Peas | Sweet Corn Broccoli | Fresh Mixed Seasonal Vegetables | Sweetcorn Green Beans | Baked Beans Garden Peas |
| | Dessert | Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter | Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad | Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter | Carrot and Sultana Cake Yoghurt Fresh Fruit Salad | Feathered Iced Sponge Yoghurt Fresh Fruit Salad |
| Week 2 | Main | Chicken Neapolitan Pasta With Spinach | Beef and Bean Fajitas with Baked Jacket Wedges | Roast Pork & Apple Sauce with Roast Potatoes & Gravy | Barbeque Chicken with Rice | Breaded Fish, Chips and Tomato Sauce |
| 23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018 | Vegetarian | Vegetable Jollof Rice with Quorn and Mixed Beans | Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread | Lentil and Basil Puff Pastry Turnover with Roast Potatoes | Macaroni Cheese with Tomato Topping | Spicy Bean Burger with Chips |
| | Side | Mixed Green Salad Sweetcorn | Green Beans Coleslaw | Fresh Mixed Seasonal Vegetables | Broccoli Sweet Corn | Baked Beans Garden Peas |
| | Dessert | Berry and Apple Cobbler & Cream Yoghurt Fresh Fruit Salad | Lemon Drizzle Cake Yoghurt Fresh Fruit Platter | Oaty Cookie Yoghurt Fresh Fruit Salad | Apple Pie with Custard Yoghurt Fresh Fruit Platter | Banana and Chocolate Muffin Fruit Yoghurt Fresh Fruit Salad |
| Week 3 | Main | Cajun Chicken with Rice | Meaty Beef Pizza with Baby New Potatoes | Roast Chicken & Stuffing with Roast Potatoes & Gravy | Beef Lasagne Served with Herby Bread | Fish in Batter, Chips and Tomato Sauce |
| 30/04/2018 21/05/2018 18/06/2018 09/07/2018 | Vegetarian | Lentil and Sweet Potato Curry with Rice | Spanish Omelette with Baby New Potatoes | Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy | Wholemeal Vegetable Pasta Bake | Cheese and Tomato French Bread Pizza with Chips |
| | Side | Sweetcorn Green Beans | Mixed Salad Coleslaw | Fresh Mixed Seasonal Vegetables | Broccoli Sweetcorn | Garden Peas Baked Beans |
| | Dessert | Apple Crumble with Custard Yoghurt Fresh Fruit Salad | Chocolate Mandarin Sponge with Chocolate Sauce Fruit Yoghurt Fresh Fruit Platter | Apple Flapjack Yoghurt Fresh Fruit Salad | Pineapple Upside Down Cake Yoghurt Fresh Fruit Platter | Vanilla Shortbread Yoghurt Fresh Fruit Salad |



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection & fresh fruit and yoghurt