| caterli  | nk         | Autumn Winter 2022 Wokingham Borough Council         |                                     |  |  |  |
|--|------------|--|-------------------------------------|--|--|--|
| feeding the imag   |            | Monday   | Tuesday                             | Wednesday  | Thursday   | Friday                                       |
| A Children   |            |  |                                     |  | Y STATE OF   |  |
| Week One  29/08/2022 19/09/2022 10/10/2022 07/11/2022 28/11/2022 19/12/2022 16/01/2023 06/02/2023  | Option 1   | Cheesy Swirl with New<br>Potatoes                    | Mild Chicken Curry with Rice        | Roast Chicken with<br>Stuffing, Roast<br>Potatoes and Gravy  | Build a Burger Day Beef Burger with Wedges BUILD A   | Fishfingers/Salmon<br>Fishfingers with Chips |
|  | Option 2   | Tomato Veggie Pasta                                  | Veggie Tortilla Stack<br>with Rice  | Crunchy Top Veg Bake with Roast Potatoes                     | Vegan Burger<br>With Wedges  | Cheese Omelette with Chips                   |
|  | Vegetables | Cauliflower<br>Green Beans                           | Peas<br>Sweetcorn                   | Carrot & Swede Mash<br>Cabbage                               | Sweetcorn<br>Roasted Peppers   | Peas<br>Baked Beans                          |
|  | Dessert    | Pear and Chocolate<br>Crumble with Custara           | Yoghurt & Raisin Cake               | Jelly and Fruit  | Seasonal Cake  | Vanilla Shortbread                           |
|  |            | Or a choice of Yoghurt & Fresh Fruit available daily |                                     |  |  |  |
|  |            | 7.5%   | 7777                                |  | No. of the last of |  |
| Week Two  05/09/2022 26/09/2022 17/10/2022 14/11/2022 05/12/2022 02/01/2023 23/01/2023   | Option 1   | Macaroni<br>Cheese with<br>Toppings                  | Chicken Pie with<br>Mashed Potato   | Chicken Sausages,<br>Onions and Gravy with<br>Roast Potatoes | Spaghetti Bolognaise<br>with Garlic Bread  | Fishfingers with Chips                       |
|  | Option 2   | Tomato Pasta Bake                                    | Veggie Shepherd's Pie<br>with Gravy | Cauliflower and<br>Broccoli Cheese with<br>Roast Potatoes    | Vegetable Fajitas with Rice  | Mexican Roll with Chips                      |
|  | Vegetables | Peas<br>Carrots                                      | Broccoli<br>Sweetcorn               | Carrots<br>Brussel Sprouts                                   | Green Beans<br>Roasted Butternut<br>Squash   | Peas<br>Baked Beans                          |
|  | Dessert    | Chocolate Drizzle<br>Cake                            | Jelly and Mandarins                 | Fresh Fruit and Yoghurt<br>Station                           | Apple & Blackberry<br>Roll with Custard  | Oaty Cookie 🏐 🖜                              |
|  |            | Or a choice of Yoghurt & Fresh Fruit available daily |                                     |  |  |  |
| The state of the s |            | -  |                                     |  |  |  |
| Week Three  12/09/2022 03/10/2022 31/10/2022 21/11/2022 12/12/2022 09/01/2023  | Option 1   | Cheese and Tomato<br>Pizza                           | Sausage Roll with<br>Potato Wedges  | Roast Chicken with<br>Roast Potatoes and                     | Sticky Chicken<br>Noodles  | Fishfingers with Chips                       |
|  | Option 2   | Veggie Chilli with Rice                              | Veggie Sausage with Potato Wedges   | Gravy  Quorn Roast Fillet with Roast Potatoes and Gravy      | Mild Chinese<br>Vegetable Curry with<br>Rice   | Cheese Quiche with<br>Chips                  |
|  | Vegetables | Green Beans<br>Carrots                               | Peas<br>Sweetcorn                   | Seasonal Vegetables  | Broccoli<br>Carrots  | Peas<br>Baked Beans                          |

Custard

Banana Sponge with

Fresh Fruit and Yoghurt

Or a choice of Yoghurt & Fresh Fruit available daily

Station

Crackers

Apple, Cheese and

Chocolate Cookie

30/01/2023

Dessert

Marble Cake

Added Plant Power

Vegan



## **Available** Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

## **ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of contamination.