



# Walter Infant School and Nursery

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Headteacher: Mrs Judy Wheeler

Tuesday 21<sup>st</sup> September 2021

## Polymerase Chain Reaction (PCR) and Lateral Flow Test (LFT)

Dear Parents and Carers,

I am writing to you to reiterate how we plan to keep our community safe; you can see our Outbreak Management Plan, our Risk Assessment and our Symptom Check on our website.

The symptoms of COVID 19 are

- Persistent cough
- High temperature (fever)
- Loss of smell (anosmia)

**BUT now there are six clusters of symptoms of COVID 19 which are as are as follows:**

**1 ('flu-like' with no fever):** Headache, loss of smell, muscle pains, cough, sore throat, chest pain, no fever.

**2 ('flu-like' with fever):** Headache, loss of smell, cough, sore throat, hoarseness, **fever, loss of appetite.**

**3 (gastrointestinal):** Headache, loss of smell, loss of appetite, **diarrhoea**, sore throat, chest pain, no cough.

**4 (severe level one, fatigue):** Headache, loss of smell, cough, fever, hoarseness, chest pain, **fatigue.**

**5 (severe level two, confusion):** Headache, loss of smell, loss of appetite, cough, fever, hoarseness, sore throat, chest pain, fatigue, **confusion**, muscle pain.

**6 (severe level three, abdominal and respiratory):** Headache, loss of smell, loss of appetite, cough, fever, hoarseness, sore throat, chest pain, fatigue, confusion, muscle pain, **shortness of breath, diarrhoea, abdominal pain.**

For further information <https://www.wokingham.gov.uk/health/public-health-campaigns/staying-safe-during-covid/>

Please do not send your child to school if they have ANY of the symptoms above. If your child has had a PCR test because they have symptoms, however slight, they must NOT



come to school until a negative result has been received. If a positive result is received you will be advised of a return date. Please keep the school office up to date with results and return dates.

If your child has a positive Lateral Flow Test, do not send them to school until they have a negative PCR result.

If you are aware that your child has been in close contact with somebody with symptoms, particularly from the same household, who is awaiting results of a PCR test, we would appreciate you keeping your child at home until a negative result has been received, to help keep our community healthy.

These rules are very important and it is expected that we all follow them. Please support us by being cautious, being careful and being kind.

We do not want to close any classes in school or put everyone at risk of another lockdown of any sort.

Yours sincerely



Judy Wheeler  
Headteacher



- **BE CAUTIOUS;** REMEMBER YOU COULD BE INFECTED EVEN IF YOU HAVE NO SYMPTOMS SO CONTINUE TO WASH YOUR HANDS OFTEN AND WEAR A FACE MASK IF IT MAKES YOU FEEL MORE COMFORTABLE.
- **BE CAREFUL;** THINK ABOUT HOW TO KEEP YOURSELF AND YOUR LOVED ONES SAFE FROM COVID 19.
- **BE KIND;** NOBODY WANTS TO CATCH COVID 19 ~ LET'S TREAT EVERYONE WITH RESPECT AND TOLERANCE, EVEN IF THEIR VIEWS ARE DIFFERENT FROM OURS