



# Walter Infant School

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Headteacher: Mrs Judy Wheeler

Friday 7<sup>th</sup> December 2018

Dear Parents/Carers,

Walter Infant School and Nursery are excited to share with you that we shall be launching our new PSHE curriculum called SUMO4Schools after the Christmas break. The SUMO4Schools programme is a set of innovative resources to develop emotional intelligence, thinking skills and life skills through six SUMO principles that encompass self-esteem, self-awareness, behaviour management, raising aspirations and improving motivation.

The Six SUMO principles are:

1. **Change your T-shirt** – Learning how to take responsibility in life.
2. **Develop Fruity Thinking** – Learn how to develop positive thinking and improve self-esteem.
3. **Hippo Time is Ok** – Learn how to manage emotions.
4. **Remember the Beach ball** – Learn how to build better relationships with others.
5. **Learn Latin** – Learn how to make the most of every opportunity in your life.
6. **Ditch Doris Day** – Learn how to create the best possible future for yourself and others

The children will be working independently and collaboratively; reading, discussing, researching, reflecting, creating artwork, taking part in drama and role-play and writing. Along the way, the children will be asked to reflect on what they have learnt, identify what they need to do next and how they will do it, allowing the children to apply the learning into their everyday lives.

We will be launching principle one – **Change your T-shirt on Thursday 3rd and Friday 4<sup>th</sup> January 2019.**

One of the activities for the children will be to design and create their own images on a T-shirt to demonstrate the principle taught. The children in F1 and F2 will work collaboratively in groups and will not need to bring in their own T-shirt. We shall provide the T-shirts and fabric pens.

Thank you for your continued support during this very busy time of year.

Kind Regards,

Ms S Rees

Year 1 Leader/Curriculum Leader

Mrs K Herman

F1 Teacher/PSHE Leader